Age Ranges, Translations, and Access

This table summarizes the instruments referenced above, including recommended age ranges, known translation availability, and where to go to access or request licensing for the official instrument materials. Because licensing terms and available language versions can change, please use the “Next step” link for each instrument for the most up-to-date information on access, permissions, and translations.

Instrument	Recommended age	Licensing / access notes	Available translations (languages)	Next step (link)
Abdominal Pain Index (API) – Child	7–17	Available for research/clinical use via measure developers; request most current version/translations	English; Dutch; Spanish	Portal (Department of Pediatrics)
About Your Child’s Eating (AYCE) questionnaire	8–16 (parent-proxy)	Obtain permission from developers/publication trail for reuse and any new translations; use validated versions when available	English; Greek	Portal (PMC)
Brief Pain Inventory (BPI) – Short Form	≥18	Copyrighted; request permission for use; do not modify/translate without consent	English; Spanish; French; German; Italian; Greek; Russian; Chinese; Japanese; Norwegian	Portal (MD Anderson Cancer Center)
CALI-9 (Child’s Activity Limitations Interview)	8–18 (self-report or parent-proxy)	Use per published instrument; contact authors for official versions and translations if needed	English; translations vary (no single centralized catalog)	Portal (PMC)
COMPAT	≥18	Use per published instrument; contact developers for official versions and translations if needed	English; Hindi; Bengali; Telugu	Portal (Pancreatology)

Diabetes Distress Scale (DDS17)	≥18	Copyrighted; typically available at no cost to non-profit institutions for clinical care/research; request official use terms from owner	Many (24+): Arabic; Bengali; Chinese; Dutch; French; German; Greek; Indonesian; Italian; Japanese; Korean; Portuguese; Russian; Spanish; Swedish; Thai; Turkish; Urdu; and others	Portal (Behavioral Diabetes Institute)
Diabetes Quality of Life for Youth (DQOLY)	10–18 (self)	Obtain via published instrument/developers; confirm permission and the exact version used (full vs short form)	English; Malay; Brazilian Portuguese; Chinese	Portal (PMC)
Faces Pain Scale – Revised (FPS-R)	4-16	Free for clinical/education/research use; permission typically required for commercial use or reproduction in products; use official derivatives for translations	Many (63+): Arabic; Chinese; Danish; Dutch; French; German; Greek; Hebrew; Hindi; Italian; Japanese; Korean; Norwegian; Portuguese; Russian; Spanish; Swedish; Thai; Turkish; Urdu; Vietnamese; and more	Portal (IASP)
FDI (Functional Disability Inventory)	7–17	Available for research/clinical use via measure developers; request most current version/translations	Many (32+): Arabic; Chinese; Danish; Dutch; French; German; Greek; Hebrew; Hindi; Italian; Japanese; Korean; Norwegian; Persian; Polish; Portuguese; Russian; Spanish; Swedish; Thai; Turkish; Urdu; and others	Portal (Department of Pediatrics)
FLACC (Face, Legs, Activity, Cry, Consolability)	0–7	Widely used observational tool; reproduce with citation and follow local/institutional policies; obtain permission if modifying/creating new translations	English; Arabic; Chinese; French; Greek; Indonesian; Italian; Japanese; Portuguese; Spanish; Swedish; Thai; Turkish; Urdu; and more	Portal (Starship Media)

Numerical Rating Scale (0–10 NRS)	8–18	Generic numeric scale; typically usable with attribution; avoid altering anchor wording without review	Language-independent (numbers); wording can be localized	Portal (Veterans Affairs)
Pancreatitis Quality of Life Instrument (PANQOLI)	≥18	Disease-specific QoL measure for chronic pancreatitis; obtain the official questionnaire and scoring materials via developer permission/licensing; do not modify or translate without authorization	English; Chinese	Portal (Sage Open Medicine)
PedsQL 4.0 (Pediatric Quality of Life Inventory)	5–18 (self) / 2–18 (proxy)	License typically required; distributed via official channels; do not modify without permission	Many (65+): Arabic; Chinese; Czech; Danish; Dutch; Finnish; French; German; Greek; Hebrew; Hindi; Hungarian; Icelandic; Italian; Japanese; Korean; Norwegian; Polish; Portuguese; Russian; Spanish; Swedish; Thai; Turkish; Ukrainian; Vietnamese; and more	Portal (PedsQL)
PedsQL Diabetes Module	5–18 (self) / 2–18 (proxy)	License typically required; distributed via official channels; do not modify without permission	Many (module availability varies by language): Arabic; Chinese; Czech; Danish; Dutch; French; German; Greek; Hebrew; Hindi; Italian; Japanese; Korean; Portuguese; Russian; Spanish; Swedish; Thai; Turkish; Ukrainian; and more	Portal (ePROVIDE - Mapi Research Trust)
PEI-Q (Pancreatic Exocrine Insufficiency Questionnaire)	≥12	Proprietary instrument; request use and official versions through Abbott; do not modify or translate without permission	English; French; German; Spanish; Portuguese; Ukrainian; Russian; Cantonese	Portal (Acare HCP Global)

PGIC (Patient Global Impression of Change)	12–17 (self) / <12 (proxy)	Single-item global change scale; wording often used as-is; follow sponsor/IRB expectations for pediatric phrasing	English; translations vary by study (no centralized catalog)	Portal (PhenX Toolkit)
PROMIS Ability to Participate in Social Roles and Activities (Short Form)	≥18	Free to use with registration; obtain standardized short forms and scoring via HealthMeasures/Assessment Center; use official translations	Many: Arabic; Bengali; Chinese (Simplified/Traditional); Czech; Danish; Dutch; French; German; Greek; Hebrew; Hindi; Italian; Japanese; Korean; Norwegian; Polish; Portuguese; Russian; Spanish; Swedish; Turkish; Ukrainian; and others	Portal (HealthMeasures)
PROMIS Pediatric Anxiety	8–17 (self) / 5–17 (parent-proxy)	Free to use with registration; obtain standardized short forms and scoring via HealthMeasures/Assessment Center; use official translations	Many: Arabic; Bengali; Chinese (Simplified/Traditional); Czech; Danish; Dutch; French; German; Greek; Hebrew; Hindi; Italian; Japanese; Korean; Norwegian; Polish; Portuguese; Russian; Spanish; Swedish; Turkish; Ukrainian; and others	Portal (HealthMeasures)
PROMIS Pediatric Depressive Symptoms	8–17 (self) / 5–17 (parent-proxy)	Free to use with registration; obtain standardized short forms and scoring via HealthMeasures/Assessment Center; use official translations	Many: Arabic; Bengali; Chinese (Simplified/Traditional); Czech; Danish; Dutch; French; German; Greek; Hebrew; Hindi; Italian; Japanese; Korean; Norwegian; Polish; Portuguese; Russian; Spanish; Swedish; Turkish; Ukrainian; and others	Portal (HealthMeasures)

PROMIS Pediatric Pain Interference Short Form 8a	8–17 (self) / 5–17 (parent-proxy)	Free to use with registration; obtain standardized short forms and scoring via HealthMeasures/Assessment Center; use official translations	Many: Arabic; Bengali; Chinese (Simplified/Traditional); Czech; Danish; Dutch; French; German; Greek; Hebrew; Hindi; Italian; Japanese; Korean; Norwegian; Polish; Portuguese; Russian; Spanish; Swedish; Turkish; Ukrainian; and others	Portal (HealthMeasures)

References

1. **Palermo TM, Li R, Birnie KA, Crombez G, Eccleston C, KashikarZuck S, et al. Updated recommendations on measures for clinical trials in pediatric chronic pain: a multiphase approach from the Core Outcomes in Pediatric Persistent Pain (CoreOPPP) Workgroup. PAIN. 2024;165(5).**
2. **Li R, Gibler RC, Rheel E, Slack K, Palermo TM. Recommendations for Patient-Reported Outcomes Measurement Information System pediatric measures in youth with chronic pain: a COnsensus-based Standards for the selection of health Measurement INstruments systematic review of measurement properties. PAIN. 2024 Feb 1;165(2):258–95.**